

## Resources for Instructor – Trauma Informed Care

We provide teacher/instructor guidance and support for teaching this module effectively, and minimizing the risk of reinforcing exclusionary practices and stereotypes, and/or a deficit lens. Both teaching and learning the skills to practice trauma-informed care with Indigenous individuals and communities is difficult in an environment of ignorance (of ongoing trauma and their various sources) and stereotypes and prejudice against Indigenous Peoples. The resources provided will help instructors educate themselves on Indigenous histories, colonial policies and their ongoing legacies.

Resources and examples that will help instructor guidance include:

- a. How to talk about Indigenous people <https://www.youtube.com/watch?v=XEzjA5RoLv0>
- b. 100 Years of Loss from the Legacy of Hope Foundation  
<https://secureservercdn.net/198.71.233.37/jjk.2f4.myftpupload.com/wp-content/uploads/2019/11/100-YoL-Guide-v2.7LR.compressed.pdf>
- c. Working Effectively with Indigenous Peoples (Bob Joseph)  
<https://www.ictinc.ca/blog/author/bob-joseph>.
- d. 21 Things you Didn't Know About the Indian Act, a blog article by Bob Joseph  
<https://www.ictinc.ca/books/21-things-you-may-not-know-about-the-indian-act#:~:text=Based%20on%20a%20viral%20article,a%20leading%20cultural%20sensitivity%20trainer>.
- e. The UBC Indigenous Foundations online <https://indigenousfoundations.arts.ubc.ca/home/>

### Infographic

The following website provides information to guide the development of the infographic.

<https://creativeeducator.tech4learning.com/2013/lessons/Infographics>

Suggest that there needs to be a statement that indicates that the resources used for this module have been largely from Indigenous sources. All material has been referenced to acknowledge this work. In an effort not to misrepresent and to respect Indigenous knowledge, information from the sources has been extracted from the documents.